



“Take heart; it is I.  
**DO NOT  
BE AFRAID.**” Mark 6:50

ASCENSION LUTHERAN CHURCH  
Ninth Sunday After Pentecost ~ July 25, 2021

## NINTH SUNDAY AFTER PENTECOST

July 25, 2021

**Welcome** to all who are attending our service today. We are glad you are with us! To all guests and visitors, we especially extend our hands of friendship. May God bless the worship time for each one of you. Please come again!

**Holy Communion** is celebrated at the 8:30 service on the 1st and 3rd Sundays of the month, and at the 11:00 service on the 2nd and 4th Sundays.

**For those wishing to commune at the Lord's Table with us today:** The Lutheran practice of close Communion attempts to prevent a person from eating and drinking judgment on himself (1 Corinthians 11:23-30). Thus, attendance at the Lord's Supper implies a four-level commitment to Christ. We believe that communicants must: (1) be baptized Christians, (2) accept the real presence of Christ's body in the bread and His blood in the wine, (3) confess and repent of one's sins and trust that God offers complete forgiveness of those sins in this Sacrament, and (4) share oneness of faith, doctrine and practice among those who commune. Those wishing to commune with us today who have not done so previously, please see the pastor or an elder before the service begins. *(Grape juice is available for those who not drink alcohol and gluten free wafers are available upon request.)*

***Para aquellos que desean participar en la Santa Cena con nosotros hoy:*** La práctica luterana de la comunión intenta evitar que una persona coma y beba el juicio de Dios sobre sí mismo (1 Corintios 11: 23-30). Por lo tanto, la asistencia a la Cena del Señor implica un compromiso de cuatro niveles con Cristo. Creemos que los comulgantes deben: (1) ser bautizados como cristianos, (2) aceptar la presencia real del cuerpo de Cristo en el pan y Su sangre en el vino, (3) confesar y arrepentirse de sus pecados y confiar en que Dios ofrece el perdón completo de esos pecados en este Sacramento, y (4) compartir la unidad de fe, doctrina y práctica entre los que comulgan. Aquellos que desean comulgar con nosotros hoy que no lo han hecho anteriormente, por favor vean al pastor o un anciano antes de que comience el servicio. *(El jugo de uva está disponible para aquellos que no beben alcohol y hostias libres de gluten están disponibles bajo petición).*

**(P = Pastor, C = Congregation, A = Reader/Assisting)**

## ✠ PREPARATION ✠

**Theme: “Headwinds and Trepidations”**

### AS WE GATHER

Today, we consider our own fear and trials as Jesus’ disciples attempted to sail across the Sea of Galilee. They witnessed their Lord’s miraculous presence amid their struggling against a headwind late into the night. Rather than welcome Him with open arms, they cried out in fear because it was an unexpected encounter with the living God. Don’t be surprised when God shows up in unexpected ways... some subtle, some beyond our wildest imagination. The point is that our God is always present, and He is in control.

### PRELUDE

### WELCOME

### HYMN

#### “Be Still, My Soul”

Be still, my soul; the Lord is on your side;  
Bear patiently the cross of grief or pain;  
Leave to your God to order and provide;  
In ev’ry change He faithful will remain.  
Be still, my soul; your best, your heav’nly Friend  
Through thorny ways leads to a joyful end.

Be still, my soul; your God will undertake  
To guide the future as He has the past.  
Your hope, your confidence let nothing shake;  
All now mysterious shall be bright at last.  
Be still, my soul; the waves and winds still know  
His voice who ruled them while He dwelt below.

### INVOCATION

**P** In the name of the Father and of the ✠ Son and of the Holy Spirit.  
**C** Amen.

## CONFESSION AND ABSOLUTION

- P** Since the beginning of time, God has revealed His will to seek and to save that which was lost. No matter how hard we try, because of sin, we are all lost and helpless. Let us approach God in humility to receive His forgiveness.
- C** **O God, I believe in You; O Lord, I trust Your promise to save me. Forgive me for my sins in thought, word, and deed. Come to me, though I am not worthy. Come to me with Your promise, with Your touch of forgiveness, healing, help, and life. Come, Lord Jesus. Amen.**
- P** God has come to you in grace and mercy. Upon this your confession, as a called and ordained servant of the Word and by His authority, I forgive you all your sins in the name of the Father and of the ✠ Son and of the Holy Spirit.
- C** **Amen.**

## SALUTATION

- P** The Lord be with you.
- C** **And also with you.**

## PRAYER OF THE DAY

- P** Let us pray.
- Almighty and most merciful God, the protector of all who trust in You, strengthen our faith and give us courage to believe that in Your love You will rescue us from all adversities; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.
- C** **Amen.**

## SHARING THE PEACE OF THE LORD

- P** The peace of the Lord be with you all.
- C** **And also with you.**

## ✠ THE WORD ✠

### EPISTLE

**Ephesians 3:14–21 (ESV)**

(Prayer for spiritual strength)

<sup>14</sup> For this reason I bow my knees before the Father, <sup>15</sup> from whom every family in heaven and on earth is named, <sup>16</sup> that according to the riches of His glory He may grant you to be strengthened with power through His Spirit in your inner being, <sup>17</sup> so that Christ may dwell in your hearts through faith—that you, being rooted and grounded in love, <sup>18</sup> may have strength to comprehend with all the saints what is the breadth and length and height and depth, <sup>19</sup> and to know the love of Christ that surpasses knowledge, that you may be filled with all the fullness of God. <sup>20</sup> Now to Him who is able to do far more abundantly than all that we ask or think, according to the power at work within us, <sup>21</sup> to Him be glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

**A** This is the Word of the Lord.

**C** **Thanks be to God.**

### LAMBS' LESSON

**Pr. Jim Sprengle**

### HOLY GOSPEL

**Mark 6:45–56 (ESV)**

(Jesus walks on water.)

**P** The Holy Gospel according to St. Mark, the sixth chapter.

**C** **Glory to You, O Lord.**

<sup>45</sup> Immediately He made His disciples get into the boat and go before Him to the other side, to Bethsaida, while He dismissed the crowd. <sup>46</sup> And after He had taken leave of them, He went up on the mountain to pray. <sup>47</sup> And when evening came, the boat was out on the sea, and He was alone on the land. <sup>48</sup> And He saw that they were making headway painfully, for the wind was against them. And about the fourth watch of the night He came to them, walking on the sea. He meant to pass by them, <sup>49</sup> but when they saw Him walking on the sea they thought it was a ghost, and cried out, <sup>50</sup> for they all saw Him and were terrified. But immediately He spoke to them and said, "Take heart; it is I. Do not be afraid." <sup>51</sup> And He got into the boat with them, and the wind ceased. And they were utterly astounded, <sup>52</sup> for they did not understand about the loaves, but their hearts were hardened. <sup>53</sup> When they had crossed over, they came to land at Gennesaret and moored to the shore.

<sup>54</sup> And when they got out of the boat, the people immediately recognized Him <sup>55</sup> and ran about the whole region and began to bring the sick people on their beds to wherever they heard He was. <sup>56</sup> And wherever He came, in villages, cities, or countryside, they laid the sick in the marketplaces and implored Him that they might touch even the fringe of His garment. And as many as touched it were made well.

**P** This is the Gospel of the Lord.

**C** Praise to You, O Christ.

## HYMN

### “In Christ Alone”

In Christ alone my hope is found,  
He is my light my strength my song;  
This Cornerstone, this solid Ground,  
Firm through the fiercest drought and storm.  
What heights of love, what depths of peace,  
When fears are stilled, when strivings cease!  
My Comforter, my All in All,  
Here in the love of Christ I stand!

In Christ alone, Who took on flesh,  
Fullness of God in helpless babe!  
This gift of love and righteousness,  
Scorned by the ones He came to save;  
'Till on that cross as Jesus died,  
The wrath of God was satisfied,  
For every sin on Him was laid;  
Here in the death of Christ I live.

There in the ground His body lay,  
Light of the world by darkness slain;  
Then bursting forth in glorious Day,  
Up from the grave He rose again!  
And as He stands in victory  
Sin's curse has lost its grip on me,  
For I am His and He is mine,  
Bought with the precious blood of Christ.

No guilt in life, no fear in death,  
This is the power of Christ in me;  
From life's first cry to final breath,  
Jesus commands my destiny.  
No power of hell, no scheme of man,  
Can ever pluck me from His hand;  
'Till He returns or calls me home,  
Here in the power of Christ I'll stand!

**SERMON**

**“HAVE NO FEAR, I AM IS HERE”**

**Mark 6:45–56  
Pastor Jim Sprengle**

## **APOSTLES' CREED**

**I believe in God, the Father Almighty, Maker of Heaven and earth.**

**And in Jesus Christ, His only Son, our Lord, Who was conceived by the Holy Spirit, born of the virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He rose again from the dead. He ascended into Heaven and sits at the right hand of God the Father Almighty. From thence He will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy Christian Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.**

## **TITHES AND OFFERINGS**

*(Our offerings are made as an act of worship, given in loving response to all that God has graciously given us, both materially and spiritually.)*

**“Agnus Dei/How Great Thou Art”**

**Michael W. Smith/Stuart W. K. Hine/arr. Joel Raney  
Carlyn Staudt and Brad Hall, duo**

## PRAYER OF THE CHURCH

**P** Let us pray for the whole people of God in Christ Jesus and for all people according to their needs.

Eternal Father, O God our Creator and Redeemer, we thank You that You have drawn us to Yourself by the power of Your Word and our Savior Jesus Christ, our Lord. For Your promises of life and salvation, we give You praise and adoration as our God and Lord. Keep us in steady faith in You, guide our steps in the ways of Your life-giving Word, and make us to be ever more Your people of hope, love, and life. Lord, in Your mercy,

**C** **hear our prayer.**

**P** Lord Jesus, as You strengthened Your early apostles by Your very presence, so give strength and courage to church workers who continue in Your service to this day. Guard and protect them from the assaults of the devil and bless their service in Your Word and Sacraments. Lord, in Your mercy,

**C** **hear our prayer.**

**P** Almighty God, give Your blessing and guidance to all in authority and the service of government in our land and throughout the world. Cause them to pursue righteousness and justice in all their dealings that we may live in prosperity and peace. Lord, in Your mercy,

**C** **hear our prayer.**

**P** Give healing and comfort, O Lord, to all who are in trouble, danger, or illness, especially...Sustain their courage and faith in Your mighty care. Lord, in Your mercy,

**C** **hear our prayer.**

**P** We thank You for the gifts You bestow on us and on those who are celebrating this week...Lord, in Your mercy,

**C** **hear our prayer.**

**P** Into Your hands, O Lord, we commend all for whom we pray, trusting in Your mercy; through Your Son, Jesus Christ, our Lord.

**C** **Amen.**

## THE LORD'S PRAYER

- P** As our Lord Jesus has taught us in scripture, we pray with boldness in His name:  
**C** **Our Father, Who art in Heaven, hallowed be Thy name, Thy Kingdom come, Thy will be done on earth as it is in Heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory, forever and ever. Amen.**

*(8:30 service, please turn to page 11 for the Benediction)*

## ✠ SERVICE OF THE SACRAMENT ✠

**We believe in the real presence of the body and blood of Christ in Holy Communion.  
Here our Lord offers to us the forgiveness of all our sins.**

## PREFACE

- P** The Lord be with you.  
**C** **And also with you.**
- P** Lift up your hearts.  
**C** **We lift them to the Lord.**
- P** Let us give thanks to the Lord our God.  
**C** **It is right to give Him thanks and praise.**

## WORDS OF INSTITUTION

*(Jesus instituted, or established the Lord's Supper for us; 1Cor 11:23-26; Mt 26:26-28; Mk 14:22-24; Lk 22:19-20)*

## PAX DOMINI

*(Latin for "Peace of the Lord" - the response is, "Amen!", or "So be it!")*

- P** The peace of the Lord be with you always.  
**C** **Amen.**

## DISTRIBUTION SONGS

### **“Break Now The Bread Of Life”**

Break now the bread of life, dear Lord, to me  
As once You broke the loaves beside the sea  
Beyond the sacred page, I seek You, Lord  
My spirit waits for You, O living Word.

Bless Your own truth dear Lord, to me, to me  
As when You blessed the bread by Galilee;  
Then shall all bondage cease, all fetters fall  
And I shall find my peace, my all in all.

You are the bread of life, O Lord, to me  
Your holy Word, the truth that rescues me;  
Give me to eat and live with You above,  
Teach me to love Your truth, for You are love.

O send Your Spirit, Lord, now unto me  
That He may touch my eyes and make me see  
Show me the truth conceal'd within Your Word  
And in Your book revealed, I see my Lord.

### **“Jesus Loves Me”**

Jesus loves me! This I know, For the Bible tells me so;  
Little ones to Him belong, They are weak, but He is strong.

(Chorus)

Yes, Jesus loves me! Yes, Jesus loves me!  
Yes, Jesus loves me! The Bible tells me so.

Jesus loves me! See His grace! On the cross He took my place.  
There He suffered and He died, that I might be glorified. (Chorus)

Jesus loves me! God's own Son over sin the vict'ry won.  
When I die, saved by His grace, I shall see Him face to face. (Chorus)

Jesus loves me! He is near. He is with His Church so dear.  
And the Spirit He has sent by His Word and Sacrament. (Chorus)

## POST-COMMUNION COLLECT

**P** Gracious God, our heavenly Father, You have given us a foretaste of the feast to come in the Holy Supper of Your Son's body and blood. Keep us firm in the true faith throughout our days of pilgrimage that, on the day of His coming, we may, together with all Your saints, celebrate the marriage feast of the Lamb in His kingdom, which has no end; through Jesus Christ, Your Son, our Lord, who lives and reigns with You and the Holy Spirit, one God, now and forever.

**C** Amen.

## BENEDICTION

**P** The Lord bless you and keep you.  
The Lord make His face shine on you and be gracious to you.  
The Lord look upon you with favor and ✠ give you peace. *Numbers 6:24–26*

**C** Amen.

## ANNOUNCEMENTS

(Please read the FYI in your bulletin for additional announcements and information.)

## HYMN

### “To God Be The Glory”

To God be the glory, Great things He hath done,  
So loved He the world that He gave us His Son  
Who yielded His life an atonement for sin,  
And opened the life-gate that all may go in.

**Praise the Lord, Praise the Lord,  
Let the earth hear His voice!  
Praise the Lord, Praise the Lord,  
Let the people rejoice!**

**O come to the Father through Jesus, the Son,  
And give Him the glory, great things He hath done!**

O perfect redemption, the purchase of blood  
To every believer the promise of God;  
The vilest offender who truly believes,  
That moment from Jesus a pardon receives. **(chorus)**

Great things He hath taught us,  
Great things He hath done,  
And great our rejoicing through Jesus, the Son;  
But purer and higher and greater will be  
Our wonder, our victory, when Jesus we see! **(chorus)**

## DISMISSAL

**P** Go in peace. Serve the Lord.  
**C** Thanks be to God!

## ACKNOWLEDGEMENTS

Scripture taken from The Holy Bible, English Standard Version Copyright © 2001 by Crossway Bibles, a division of Good News Publishers. Capitalization of pronouns referring to the Deity has been added and is not part of the original English Standard Version text.

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## † WORSHIP AND A PICNIC LUNCH, SAVE THE DATE! SUNDAY, AUG. 29, 10:30AM - ONE SERVICE!

Invite your friends and family to join us for worship and a picnic lunch in our **new Community Room**.

- **ONE** Church Service at 10:30 a.m. (in the sanctuary)
- Potluck Picnic in the Community Room will follow at about noon
- And...Brad will lead us in a sing-a-long!

Crispy fried chicken, drinks, and chips will be supplied. There is a signup sheet in the Narthex if you would like to bring a main dish or salad or dessert to share.

Contact Margo Bachhuber or Debbie Rekdahl to volunteer for any of the following:

- One or two people to set up and lead outside games and prizes for the children
- People to set up the Community Room
- People to clean up the Community Room and Kitchen

Join us for worship and fellowship with friends, family, and good food.

## † LWML OREGON DISTRICT DAY RETREAT

*“Always Becoming Contagious Disciples”*

**Saturday, August 21 from 11:00am to 4:00pm (doors open at 10:30am)**

*Living Savior Lutheran Church, 8740 SE Sagert St., Tualatin, OR 97062.*

To find the registration form online, go to [www.LWMLor.org](http://www.LWMLor.org), and click on the “Events” drop-down menu. You may also get a hard copy on the LWML Bulletin Board at Ascension.

**Registration deadline is August 1.** If you are unable to carpool or attend this Day Retreat, perhaps you can help by dropping off some of the In-gathering \*items that we will use to make “Blessings Bags” for the Homeless. Please drop off in-gathering items by Sunday, August 15 so they can be packed in time to take to the retreat. Contact Mae Smith for more information.

*\*See the gray basket in the Narthex for a list of items you may contribute.*

## † PRAYERS ARE REQUESTED FOR:

Ray Brown, Elly Brown, Mike Hatley, Karon Keup, Bonnie Webber, Carolyn Erdmann, Julie Williamson, Lorraine Haggard, Larry Hart, Sylvia Guthrie, Bill Ritchie, Colleen Ek Yah, Esperanza Gutierrez, Brian Laxton, Virginia Hunt, Marty Blankenburg, Richard Robertson, Lewis Eilers, Rich Zahursky, Alan Bauch, Leonard Murphy, Bruce Blubaum, Judy Blubaum, Antonia Martinez (mother of Esperanza Gutierrez), Ava Wentela (Sue Wentela’s granddaughter), Carol Santorufo (sister of Sue Wentela), \*Barbara Schrader, \*Dale Porath.  
\*Home Bound.

## † PRAYER NEEDS?

Contact the church office with any requests at 503-665-8821 or e-mail: [office@alcportland.org](mailto:office@alcportland.org)

## † PRAY FOR OUR MILITARY:

Marie Cassetty Brown, Air Force — Ramstein Air Base, Germany AFB LA (sister-in-law of Wanda Cassetty);

Dakota Saunders, US Navy — Based in Cecilia Italy (godson of Carrie Graham);

Alex Williamson, Air Force, Reserve — Washington (grandson of Rebecca Williamson);

Michael Williamson, Air Force, Reserve — Texas (grandson of Rebecca Williamson);

Jamie Wong-Lopez, Marines — Annapolis MD (nephew of Kevin and Merci McInaney);

Clayton Wright, Air Force – Yokota AFB Japan (grandson of Virginia Jacobs);

Colton Wright, Navy — Assigned to USS Harry S. Truman (grandson of Virginia Jacobs);

Tyler Young, Navy — Deployed (nephew of Karen Arronson).

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### **ASSISTING IN SERVICE Today, Sunday, July 25, 2021**

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	<b><u>8:30am</u></b>	<b>11:00am</b>
<b>Elder:</b>	Randy Bryant	John Hazen
<b>Acolytes:</b>		
<b>Ushers:</b>	Bob Rekdahl	Matthias McInaney
<b>PowerPoint:</b>	Debbie Rekdahl	Riki Neagle
<b>Audio/Visual:</b>	Michele Sprengle	Riki Neagle (sound)
<b>Greeters:</b>	Karla Deal	Rebecca Williamson
<b>Readers:</b>	Karla Deal	Rebecca Williamson
<b>Altar Circle:</b>	Both Services	Debbie Rekdahl
<b>Counters:</b>	Both Services	Bob and Elaina Ritchie
<b>Flowers:</b>	Both Services	Ed and Margaret Hubbard

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### **ASSISTING IN SERVICE Next Sunday, August 1, 2021**

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	<b><u>8:30am</u></b>	<b>11:00am</b>
<b>Elder:</b>	Randy Schroeder	Dan Parshall
<b>Acolytes:</b>		
<b>Ushers:</b>	Jim Eckart	<b><i>Can you help?</i></b>
<b>PowerPoint:</b>	Jenny Schuldheisz	Jessica Brown
<b>Audio/Visual:</b>	Jenny Schuldheisz (sound)	Wyatt Brown
<b>Greeters:</b>	Elizabeth Alvarado Margo Bachhuber	Rebecca Williamson
<b>Readers:</b>	Karla Deal	Rebecca Williamson
<b>Altar Circle:</b>	Both Services	Margo Bachhuber
<b>Counters:</b>	Both Services	Bonnie Webber Rebecca Williamson
<b>Flowers:</b>	Both Services	None

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## † MILESTONES

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### BAPTISM BIRTHDAYS

Gabby Webber	7/25	Ayde Alvarado	7/27
Jennifer Alvarado	7/27	Victor Alvarado	7/27
Keilynn Woods	7/27	Keilah Woods	7/28

### BIRTHDAYS

Lorraine Haggard	7/25	Judy Blubaum	7/26
Barbara Schrader	7/26	Josue Aguilar	7/30
Erika Teyema	7/30		

### WEDDING ANNIVERSARIES

Don and Clydette Hilliard     Jul 31, 1976

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## UPCOMING EVENTS AT ASCENSION

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### **THIS WEEK – July 25–31**

#### **Sunday, July 25**

8:30am     Worship  
9:45am     Adult Education  
11:00am    Worship with Communion

#### **Monday, July 26**

Newsletter Articles Due

#### **Wednesday, July 28**

6:30pm     C-101 Insights to Christianity  
7:00pm     Online Bible Study

#### **Friday, July 30**

6:30pm     Noche Familiar

### **NEXT WEEK – August 2–7**

#### **Sunday, August 1**

8:30am     Worship with Communion  
9:45am     Adult Education  
11:00am    Worship

#### **Tuesday, August 3**

6:00pm     Elder Meeting

#### **Wednesday, August 4**

6:30pm     C-101 Insights to Christianity  
7:00pm     Online Bible Study

#### **Friday, August 6**

6:30pm     Noche Familiar



The word "MOSAIC" is rendered in large, bold, capital letters. Each letter is filled with a colorful mosaic pattern of small, irregular tiles in various colors including red, blue, green, yellow, and brown.

***The Christian Life***

Take part in our August sermon series, "Mosaic – The Christian Life". Each of the 5 weeks will focus on a unique part of the Christian walk. Do not miss out.

The series culminates with an ALL CHURCH worship and "picnic" in our new community room on August 29!

# Ascension Lutheran Church

1440 SE 182nd Avenue, Portland, OR 97233  
Church: 503-665-8821 · Childcare Center: 503-667-6750  
Web Site: [www.alcportland.org](http://www.alcportland.org)  
Church Office Hours: Monday–Friday 9am to 3pm

## Our Mission Statement:

*~Go and Share Jesus Christ~*

## Our Vision Statement:

*“Take part...Join Jesus on His mission\*”*

The members of Ascension Lutheran Church are committed to being God’s witnesses in Gresham, and in all of Portland and the Northwest, and to the ends of the earth (Acts 1:8): With the universal Christian Church, we believe, teach and respond to the love of the Triune God—the Father, Creator of all that exists; the Son Jesus Christ, Who left His home in Heaven to become flesh and blood, to suffer and die for the sins of all peoples of the world, and Who rose from the grave, victorious over sin, death and the devil, that we too might live with Him in Heaven; and the Holy Spirit, Who creates faith in our hearts in Christ Jesus through God’s Word and Sacrament. The three Persons of the Holy Trinity are one God, co-equal and co-eternal. The core teachings of our faith from the Lutheran perspective can be summarized in three short phrases: Grace alone, Scripture alone, Faith alone.

## STAFF

**Rev. Jim Sprengle, Pastor**  
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**Ruberto Ek Yah, Vicar**  
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**Wanda Cassetty, Council Secretary**  
[council@alcportland.org](mailto:council@alcportland.org)

